Section for Long-Term Care Regulation Update



SHELLY WILLIAMSON, ADMINISTRATOR
TRACY NIEKAMP, ASSISTANT ADMINISTRATOR

Numbers as of 10/12/2020

239 RCF/ALF (37%)

490 ICF/SNF (90%)

11 ICF-IID (85%)

477 LTCFs with a positive in past 0-14 days

COVID-19 Main Page – https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/

COVID-19 Dashboard -

http://mophep.maps.arcgis.com/apps/MapSeries/index.html?appid=8e01a5d8d8bd 4b4f85add006f9e14a9d

Health Care Professionals Page - https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/professionals.php

Outbreak Preparation

PPE

https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/ppe.php

- PPE Marketplace
- PPE Ordering through SNS
- Contract/Agreement with Lab
 - Labs on state contract <u>https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/cares-act-funding.php</u>
 - May also use another private lab (does not have to be on state contract)

Outbreak Preparation

- Staffing Contingency Plans
 - Corporate assistance
 - Agencies
 - Local healthcare providers
- Cohorting
 - Design of building
 - Separate entrance/exit for COVID-19 area
 - Separate staff
 - What if not possible?

Outbreak Response

- •Reporting all congregate living facilities must report an outbreak (defined as one positive resident or staff) to the department within 24 hours.
 https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/
- •Guidance focusing on administrative actions, reporting and notification, PPE, physical environment, visitor management, resident management, considerations for special populations, staff management and environmental management https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/ltcf.php
- •Box-it-in Strategy facility-wide testing of all residents and staff at a minimum of every week until at least two rounds of testing result in all negative results AND at least 14 days have passed since the last identified positive (only re-test those who test negative).

https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/ltcf.php

Outbreak Response

- Box-it-in Strategy
 - Department will assist with:
 - procuring testing supplies from the state public health lab https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/specimen-collection-supplies.php
 - identifying a lab to process specimens
 <u>https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/cares-actfunding.php</u>
 - identifying resources for specimen collection
 - assisting with ordering of necessary PPE https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/ppe.php
 - Reimbursement for testing costs https://apps.dss.mo.gov/LongTermCareCovid19Invoices/
 - Questions regarding this process to <u>COVID19invoice@dss.mo.gov</u>

Outbreak Response

- •Reporting of positive cases (CD-1)
 https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/
- •Reporting of test numbers
 https://redcapdrlltc.azurewebsites.net/redcap/surveys/?s=EEXEJPJJY4

LTC Reopening Guidance

https://health.mo.gov/living/healthcondiseases/communicable/novelcoronavirus/professionals.php#collapseSix

- Three phases
- •Considerations
 - Visitation, essential/non-essential healthcare personnel, trips outside facility, communal dining, group activities
- Criteria
 - Baseline testing and routine testing of a percentage of staff
 - Downward trend in county for 14 days
 - Adequate PPE
 - Adequate staffing

Visit Guidance

https://health.mo.gov/living/healthcondiseases/communicable/novelcoronavirus/pdf/visitation-guidance.pdf

- •Facilities must allow visits by outside healthcare providers, in accordance with the infection control and screening guidelines. Healthcare providers must utilize full Personal Protective Equipment (PPE), including a gown, mask and gloves at all times while in the facility.
- •Facilities must allow visits by the Ombudsman program, in accordance with the infection control and screening guidelines. In-person access may be limited due to infection control concerns and/or transmission of COVID-19 during an outbreak, however facilities must facilitate alternative resident communication with the Ombudsman, such as by phone or through use of other technology. In-person access may not be limited without reasonable cause.

Visit Guidance

- Outdoor visits
 - Any home may participate
 - Adhere to screening and infection control practices
 - Residents who are negative, asymptomatic or not suspected of having COVID-19, or who have previously been positive but have been released from isolation may participate

Visit Guidance

General visits

- Home must have never had an outbreak or be 14 days facility acquired positive case
- Residents who are negative, asymptomatic or not suspected of having COVID-19, or who have previously been positive but have been released from isolation may participate
- Designated space, accessible without traversing through facility
- In room visits for those who cannot leave their room
- Each resident may designate five visitors total, with only two visiting at one time
- Times may be scheduled by appointment to ensure proper screening and monitoring
- Visits suspended if positive case identified
- Adhere to screening and infection control practices

Visit Guidance

- Essential caregiver program
 - Provides health care services or assistance with activities of daily living to help maintain or improve the quality of care or quality of life of a facility resident. Care or services provided by the Essential Caregiver is included in the plan of care or service plan for the resident and may include assistance with bathing, dressing, eating, and/or emotional support
 - One individual per resident, second may be identified if clergy member
 - Complete facility-designed infection control training
 - Adhere to screening and infection control practices
 - Times may be scheduled to ensure proper screening and monitoring
 - May stop visits if positive case identified

Lab Reporting

https://health.mo.gov/living/healthcondiseases/communicable/novelcoronavirus/how-to-report-lab-results.php

- Homes utilizing antigen test machines or cards are acting as a laboratory in addition to acting as the health care provider and are required to report as both
- Must have a CLIA Waiver
- •Must report all lab results to the Department
 - Reporting covers both lab reporting and CD-1 reporting
- Department staff will be working with homes to begin reporting through this process

Medical Marijuana

Things to Do

- Make Decisions
- Incorporate those decisions into Policy/Procedures/Admission
 Agreements

Designated Caregivers

- Cannot be a "facility".
- Will you allow facility staff to be a designated caregiver?
- Limitation on the number of individuals they can be a caregiver for (3)
- Limitations on the number of caregivers an individual can have (2)
- Friends and family

Medical Marijuana

Protective Oversight and Medical Marijuana

- Change in Condition
- Smoking safety

Electronic Monitoring

House Bills 1387 & 1482 passed during 2020 legislative session

- -Allows residents, guardians or legal representatives to install electronic monitoring devices in resident rooms
- Each facility shall use an electronic monitoring device acknowledgment form developed by the department and adopted by regulation
- There must be consent from other residents residing in the room, using a form prescribed for such purpose by the department
- The facility shall require a resident who conducts authorized electronic monitoring, or the resident's guardian or legal representative, to post and maintain a conspicuous notice at the entrance to the resident's room. The notice shall state that the room is being monitored by an electronic monitoring device

Electronic Monitoring

- The resident or the resident's guardian or legal representative shall pay for all costs associated with conducting electronic monitoring, except for the costs of electricity
- Each facility shall post a notice at the entrance to the facility stating that the rooms of some residents may be monitored electronically by, or on behalf of, the residents and that the monitoring is not necessarily open and obvious. The department by rule shall prescribe the format and the precise content of the notice

Resources

- Subscribe to the LTC Information Update Listserv by visiting and following the prompts at:
 - http://cntysvr1.lphamo.org/mailman/listinfo/ltcr_information_update

- To view past Listserv posts and the LTC blog, visit:
 - http://health.mo.gov/blogs/ltcblog/
- ➤ Visit the site below to view newsletters and additional resources:
 - http://health.mo.gov/seniors/nursinghomes/providerinfo.php

QUESTIONS

Section for Long Term Care Regulation

Shelly.Williamson@health.mo.gov

573-526-4872

<u>Tracy.Niekamp@health.mo.gov</u>

573-526-0706